



# The Academy

Issue 23 • 2010



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# Contents



Peter Morton Academy of Judo Jujitsu Karate  
Non-profit organisation  
Founded 1962

The Academy • Issue 23  
An annual publication of the Peter Morton Academy of Judo Jujitsu Karate Incorporated containing reports and news items for members of the Academy.

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# Principal Overview

Shihan David Rowley, Principal

Congratulations to Cameron Owers and Mark Tomasich on being inducted into the Australian Martial Arts Hall of Fame. Both these martial artists each presented a great workshop displaying their skills and experience gained over the years. The workshops were well attended by martial artists of many different styles.

Soke Morton was also presented with an appreciation award for his lifetime contribution to the Australian Martial Arts Hall of Fame at the 2010 induction ceremony.

I would like to congratulate the 3 new black belts who graded in December 2010. The grading showed that age and/or gender is no barrier to success in a black belt grading. If we put our mind to it, anything can be achieved. Thank you to all those who attended the black belt grading to support the trainees on the day and participated in the grading.

Unfortunately I was only able to attend one out of the three seminars in 2010, due to other commitments and responsibilities. From all reports I received, all of them were well attended and everyone enjoyed themselves. It is great to see all clubs supporting the senior seminar and sharing in the fundraising responsibilities. It is also great to see a lot more cross club training, this collegiality benefits not just club members but each school and the academy as a whole.

I would like to thank Sam Arnold for all the hard work she put into the new constitution and all those who had input into it, well done.

Alan Maconachie has stepped down from the treasurers position. I would like to thank Alan for all the hard work he has put into this position over the years. Talking to Alan and previous treasurers, it is not an easy job. Julie Streeter has taken on the role as treasurer, so please make sure that you support her.

Congratulations to all those who have been promoted in 2010.

We lost a couple of great martial artists this year. One was Granville Crawford. Granville and his daughter Rozanne started and ran the Tharwa branch from 1976 until his retirement. Granville will be missed by all.



Barrie Bradshaw also passed away last year. We had the pleasure of having Barrie at a number of our senior and junior seminars where he shared his extensive knowledge and passion for martial arts with our members. We all enjoyed the stories he told about himself and Frog in their younger days.

Our branch in Kinloss Scotland has closed down. Jamie Sumsion has advised that he will be looking at another area as soon as he settles.

We have spread our wings and a new branch is opening at the YMCA in Kalgoorlie WA. This branch will be run by Dante Mavec. If you're over that way, please drop in and see him.

On a final note, everybody would have heard about Peter Wilson tipping Frog out of his wheelchair in Melbourne. One wonders where he got his wheelchair licence, or, if he had one at all. He might have wanted to see if Frog could breakfall, and from what I heard Pete thought it was a bad breakfall. I think we need to hire a wheelchair and retrain Pete, mind you, I will not be volunteering as the passenger as he retrains in the art of wheelchair operations.

Be master of yourself

*Remember*

Practice respect self restraint and humility at all times in everything you do

# A Message from Soke

Soke Peter Morton, BEM, Founder

I would like to wish everyone a Happy New Year and that we have another great year with our clubs. Last year was a very sad one as we lost two of our great mates Barry Bradshaw and Granville Crawford. Granville started our club in Tharwa which is now held at Isabella Plains School in the ACT and run by Danny Ramsden.

I would like to thank all the CI's of the Peter Morton Academy for all their work and dedication to the club, without them we would not have a club. A special thank you to our Principal and Vice Principal, Dave and Eddy for all their work and dedication.

Congratulations to Ben Jeffries and Stephen Newman from Adelaide, and Linda Rossiter from Nambour who passed their Black Belts. Also congratulations to Graham Darby, Justine Tomasich, Jonathan Mosely and Jennifer Thomas for their promotions. Also our new Life Members Mark Tomasich, Ben Innes and Craig Swingler.



Just a little bit of a story, be aware of Peter Wilson if he is in control of anyone in a wheelchair. For anyone who has not heard this story, Peter, myself and my wife Laraine traveled to Melbourne to Barry's funeral and my wife organized a wheel chair for me to save me the long walk through the airport. Well, as we were crossing the road at Tullamarine Peter tipped me out of the wheelchair onto the road in front of cars and people. People came from everywhere to help and all Peter could say was that was the worse breakfall he had seen.

Then we got lost on way to the funeral, ended 50k's out of the way and ended up being late. Then getting back to airport to go home I think we drove around Melbourne city for near on an hour, we were lucky to get to the airport on time. After all that, he is not such a bad guy. I forgive you Pete. I must thank Peter and his club for the lovely chair that they gave me it is a big help.

All the best for 2011

Frog.

A handwritten signature in black ink that reads "Frog Morton". The signature is stylized and includes a large flourish at the end.



# Treasury Notes

Julie Streeter, Academy Treasurer

First of all, on behalf of the Academy I would like to thank Alan Maconachie for all his efforts in performing the role of Academy Treasurer for the last 6 years. I am hoping I can live up to his efforts.

Thank you to all branches that have been so prompt in providing the membership and Insurance premiums to the Club Account. There are only a few outstanding which I am hoping to finalise early in the New Year.

## Full Financial Report

An expanded financial report is available to Dan Belts in the login section of the Academy Website. If you are a Dan belt and do not have access to this site, please send an access request to [website@petermortonjijitsu.org.au](mailto:website@petermortonjijitsu.org.au).



## Academy set fees 2011

Category	Time period covered	\$
Dan Belt Member	01 January to 31 December inclusive	40
Ordinary Member (Purple Belt, senior Kyu, junior Kyu, Junior Black Belt, AEIM)	01 January to 31 December inclusive	40
Ordinary PCYC member <sup>1</sup> (Purple Belt, senior Kyu, junior Kyu. Only for concurrent memberships)	01 January to 31 December inclusive	20
Temporary Member <sup>2</sup> Special purpose short-term provision of the Academy martial art	Non-extendable limited time period of less than twelve (12) months e.g. Women's Self-Defence course	TBA
Life Member	Open	Exempt
New membership	Up to and inclusive of 31 December of that calendar year from acceptance of a new full membership by the Academy	40
Shodan course <sup>2</sup>	Total time length of course	250
Junior Black Belt course <sup>2</sup>	Total time length of course	100
Kyu grading	One grading	15
Note - Academy set fee does not include: <sup>1</sup> PCYC-required membership fee <sup>2</sup> Academy-required variable course additional fee for any additional service		

# Promotions, Awards and Appointments

## Our Newest Black Belts

### December 2010

Ben Jeffries, Walkerville, SA  
Stephen Newman, Walkerville, SA  
Linda Rossiter, Sunshine Coast, QLD

## Promotions

Graham Darby, Evatt, ACT	7th Dan
Justine Tomasich, Sunshine Coast, QLD	2nd Dan
Jonathan Mosely, Sunshine Coast, QLD	2nd Dan
Jennifer Thomas, Castlecove, NSW	2nd Dan

## Awards

### Peter Morton Perpetual Trophy Basic Steps Kata

Castlecove, NSW

### National Self-Defence Trophy Two-man Attack

Kit Ryan, St Edmunds, ACT

### Australian Martial Arts Hall of Fame

Cameron Owers, Kaleen, ACT  
Mark Tomasich, Sunshine Coast, QLD



## Appointments

Treasurer, Julie Streeter  
Secretary, Adam Duke  
Newsletter Editor, Jennifer Thomas

## Life Members

Mark Tomasich, Sunshine Coast, QLD  
Ben Innes, Durras, NSW  
Craig Swingler, Walkerville, SA

## Leonie Corey Trophie Most outstanding Academy junior member

Alexander Parker, Charnwood

The Leonie Corey Trophy is awarded annually by the Academy for the Best and Fairest Junior Member of the Year.

Chief Instructors are asked to nominate one of their junior students for consideration for this trophy by submitting their name for selection at the Annual National Seminar.

All nominees have shown to their respective Chief Instructors that they have the qualities of character that make them stand out as worthy nominees for this honour and the judging panel recognises that all junior members nominated for this award are worthy of congratulations



# Annual National Seminar

Canberra, ACT - xx-xx August 2010  
Sensei Andrew Wright

Hello ladies and Gentleman

The 2010 Seminar was another great success held in Canberra at the Gold Creek Tourist Resort. This year was the first seminar hosted by a committee of club members to make it easier on individual branches.

Everyone made it safely on the Friday to the hotel, checked into their rooms and moved onto the George Harcourt for dinner and socializing, where there were a lot of old and new friends meeting and greeting. Shortly after, the CI's met for their Board of Directors Meeting, later joined by the black belts for the Annual General Meeting, then everyone headed to bed for the long day ahead.

Saturday started with a good breakfast and an 8:30am start. Before we bowed in to open the seminar we observed a minute silence for those martial artists we lost in the past year, they will be greatly missed.

The seminar kicked off with a warm-up session run by fitness fanatic Emma Teede, beginning with a fitness test where each branch member noted their results, followed by each branch working together in a circle to demonstrate that everyone works better when supported by a group, then they did individually.

After the warm-up we were joined by our first guest for the weekend, Steve Hill from the Hills Sport Academy. Steve is a Judo specialist and 5 time national judo champion,

who shared with us some of the finer points on Osoto Gari and some interesting counter throws linked to Osoto Gari, all demonstrated on our own Renshi Burgemeister. Unfortunately one hour never seems long enough.

Following morning tea we returned to the mat to a very entertaining and most active power point presentation led by Sensei Luke Baranowski, on the core and core sustainability in jujitsu, taking us through the importance of your core, how much of the body it includes (it's not just the abs), and some very new, different and more practical work outs for the core that aren't just sit-ups (we were still reassured sit-ups have their place).

Before Lunch we started the first of our two competitions the Basic steps comp, where each club got up and demonstrated our basic kata. Once each branch had completed their kata we broke for lunch, after which we returned to the mat to discover the judges still hadn't come to a decision as it had just been too close with all the clubs performing admirably. Three clubs were asked to demonstrate again enabling the judges to make their final decision. The award was given to Castlecove of Sydney, led by Damon Taylor.

We then moved onto our second competition of the weekend the two man attack comp, where one member randomly selected from each branch takes on two black belts to demonstrate techniques under pressure. Again, a great standard was shown by all, during the comp our next guest Wing Chun instructor Danni Hajdukovic had arrived



and was blown away by the intensity everyone had shown and felt sorry for the judges attempting to try and pick a winner, though pick they did, and our winner for 2010 was declared to be Kit Ryan a yellow belt representing St Edmunds.

After the two man attack comp we were joined by Danni Hajdukovic from practical Wing Chun a self proclaimed Billy Connolly of wing chun. Passionate and erratic, Danni gave us a demonstration of their kata, a bit of a history lesson on wing chun and a very interesting demo of a few methods and theories involving some of our biggest guys getting punched into the supporting hands of their fellows through the power contained in a correctly applied strike.

Before afternoon tea we were joined by Craig Swingler from South Australia for a talk on judo in everyday life, a motivational talk on martial arts making good people and training being a good stress relief. When you walk onto the mat, all the stresses of everyday life are forgotten and afterwards you feel so much better. This helped us to realise the importance of this martial art, which we all love, in helping us thrive in a busy society.

Before finishing up for the afternoon we were joined by Mark Tomasich from Nambour and we worked through restraint and removal techniques, clinches, ground control, submissions, and double and single leg takedowns for the



benefit of the defense against a boxer part of our syllabus.

After a long day of training we were then joined by Sam Arnold for a good cool down stretch, which was much needed by this point. The hall echoed with moans and groans as she helped us stretch muscles in ways we didn't know was possible.

We bowed out for the day and had a bit of free time before dinner, some had a few quiet drinks, others played a Wii, but a special mention must go to two youngsters from Canberra who braved the cold and went for a dive







in the pool, good on you Meaghan and Shauna. Around 7pm people started heading over to The Abbey across the road for dinner and socializing. After a delicious dinner Ed Scharrer took the floor for presentations of promotions and awards, and then the dancing commenced with the traditional Basic steps kata performed to a variety of songs including Eye Of The Tiger, and the stage filled up when it came to performing the Nutpush and Macarena.

The next morning after breakfast we bowed in, starting the day with a much needed gentle Tai chi style warm up led by Craig Swingler. This was followed by Ed Scharrer taking to the floor and leading us through some technique review and helpful pointers. We were then joined by Dave Burgemeister and Kris Arnold who showed us some of the new grappling techniques we could be seeing in the syllabus, guard passes hold downs and some submissions.

On our final session after lunch we started off with a little novelty item with the san ryu do swords and as a special surprise we hired some sumo suits for the afternoon to the enjoyment of combatants and spectators alike. We even got to see a floating kick which got a mention on the local radio station when the owner of the suits was on the radio helping a local competition "never seen anything like that before".

Our final session for the weekend was led by John Bear, sharing some of his knowledge and showing us some fantastic double wrist counters and demonstrating some of their aerial throws, but again unfortunately the ceiling was too low. After that session, tired and heads full to the brim with new knowledge, we assembled around the mat for the last time for the weekend. John Bear closed the seminar for us as we all collected our belongings and said our goodbyes as we look forward to seeing everyone again at the following years seminar in Batemans bay.

9-11 SEPTEMBER 2011  
COACH HOUSE RESORT  
BATEMANS BAY NSW

# 2011

**ANNUAL NATIONAL SEMINAR**

# Event Calendar 2011

## South Coast Region

### Junior Seminar

TBA

### Combined Senior Grading

Thurs 23 June 2011	Kaleen	7:30pm
Wed 14 Sept 2011	Evatt	7:30pm
Tues 29 Nov 2011	Isabella Plains	7:30pm

### South-east Region Black Belt Forum

Fri 24 June 2011	Kaleen	7:30pm
Fri 18 Nov 2011	Kaleen	7:30pm

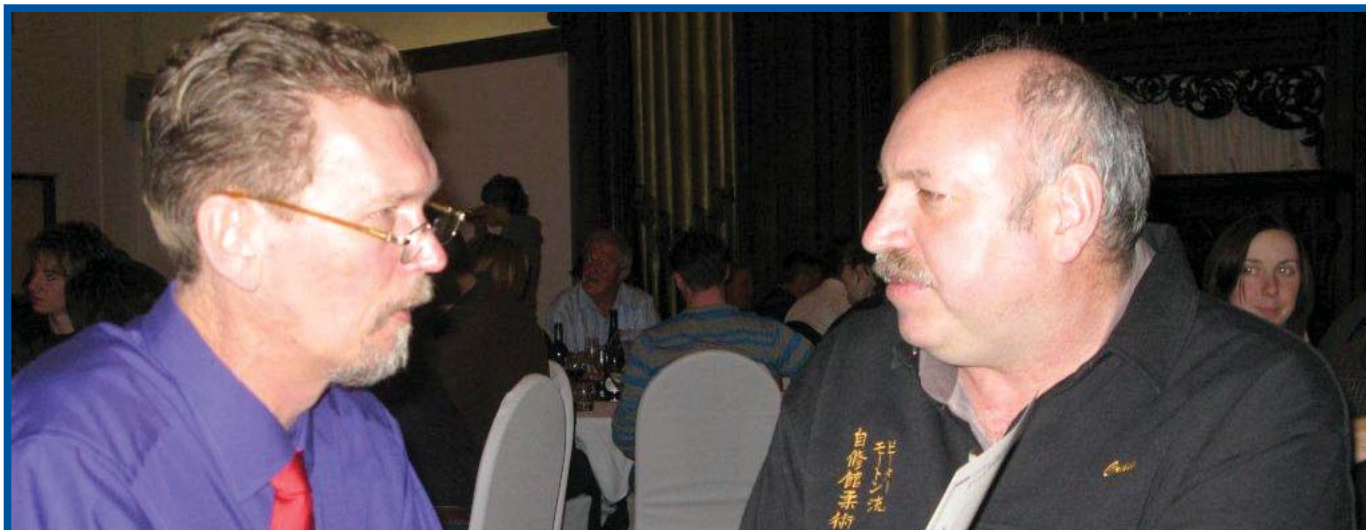
### Shodan Grading

Sat 26 Nov 2011	Radcliffe	9:00am
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## Annual National Seminar

Friday 9 - Sunday 11 September 2011  
Coach House Resort  
Batemans Bay NSW

*Note: Timetable subject to change,  
check web site for up to date details*



# Club Matters

## Membership

For an individual to participate in or provide the Academy martial art and associated services, that individual must be a registered full or temporary member of the Academy. This includes all junior, seniors and instructors. Yes, this means all Dan Belts as well.

All members (except Life Members) must pay an Academy membership fee and all members (including Life Members) must annually complete a membership form. This is required so that the Academy has a proper record of its members, as required by law and for insurance purposes.

It is the responsibility of a branch Chief Instructor to ensure that every active member in their branch, including themselves, has completed a membership form and has paid the appropriate Academy membership fee.

## Branch Membership Lists

By law, a register of members must be maintained by the Academy and provided to authorities upon request. When called for, all branches must provide a list of members on the approved Branch Membership List form.

A list of members by branch must be submitted to the Academy's insurer every year. The insurer requires that these names be provided for each branch on the approved Branch Membership List and no other format is acceptable.

## Academy Membership fee Invoice

When Academy membership fees are due, an invoice will be forwarded to the branch Chief Instructor and prompt payment is required. The Chief Instructor must ensure that their branch has sufficient funds to pay these fees by their due date.

## Academy Membership Card

An Academy membership card is available for any student that wants one. These can be obtained from any Chief Instructor on request. It is a very good idea to get one of these cards, as it contains a record of your grading dates for each kyu belt. It is also proof of grade and identification if you transfer to, or want to train at another branch.

## Branch News

Sensei Dante Mavec has opened a new branch in Kalgoorlie WA, Training at Kalgoorlie PCYC on Wednesday evenings and Saturday mornings.

Sadly, the Kinloss branch in Scotland, will be closing its doors later this year. Stay tuned for an update on the location of a new branch once Sensei Sumsion has settled in his new location.

## Academy Items for Sale

**Academy badges** **\$8.00**  
Contact [info@petermortonjijitsu.org.au](mailto:info@petermortonjijitsu.org.au)

**Merit badges**  
Branches to order directly from England or USA. Orders can be placed online with a credit card and they generally arrive within 7 days

**Black Belts** **\$70.00 Approx**  
New or replacement Dan Belts  
Contact Peter Wilson

**Many Mountain Summits** **\$15.00**  
40th anniversary Academy history book  
Contact [info@petermortonjijitsu.org.au](mailto:info@petermortonjijitsu.org.au)

**Academy Merchandise**  
**Sling Bag** **\$40.00**  
**Key Ring (Metal)** **\$10.00**  
**Pen (Blue Ink)** **\$3.00**



# Branch Reports

ACT

## Charnwood

*Sensei Julie Streeter, Chief Instructor*

**Contact** Sensei Julie Streeter  
**Dojo** St Thomas Aquinas Primary School  
25 Lhotsky St  
Charnwood ACT

**Training** Wednesday 6:00pm-7:30pm

### General News

Many thanks to Sensei Trent Ison and Sensei Tanisha Ison for assisting with classes during most of 2010, and also to Sensei Phil Townsend who filled in during my days of illness and when I was required to be interstate for work.

Congratulations to all new Black Belts. The grading and dinner were memorable and all new belts were well deserved

### Gradings

Charnwood had two Junior gradings this year and we would like to thank Sensei Peter Wilson who took time out of his busy schedule to not only grade the junior students but also return the following week to present them with their new belts and certificates.

Below is a list of the successful students who graded in 2010

Student Name	Belt	Date Graded
Jinneeka Klenka	Senior Green	24 Mar 2010
	Senior Blue	9 Sep 2010
Emily O'Hare	Senior Green	24 Mar 2010
Alexander Parker	Junior Green	9 June 2010
	Senior Green	29 Nov 2010
Simon Moore	Senior Yellow	29 Nov 2010
Hunter Moore	Junior Yellow	3 Nov 2010
Nicholas Hackett	Junior Yellow	3 Nov 2010
Bradley McIntosh	Junior Yellow	3 Nov 2010
Ryan Ewyk	Junior Yellow	3 Nov 2010
Kyle Ewyk	Junior Yellow	3 Nov 2010

## Seminars

Charnwood had several students who attended the Kaleen Junior Seminar in June 2010 and were the winners of the Basic Steps Competition for the second year in a row. A big thank you to Jinneeka Klenka and Emily O'Hare who lead the Charnwood representatives as I was interstate over the weekend.

## Awards

Congratulations to Alexander Parker who was awarded the Leonie Corey Trophy at the National Senior Seminar in August 2010. Alex started with the Charnwood Branch in June 2007 and he has been an active member from 2007 and is still a current member at the Charnwood Branch. Alex has attended three Junior Seminars at Kaleen and he was in both Basic Steps Competitions in 2009 and 2010 in which Charnwood was victorious. Alex shows respect to all members of the branch especially all instructors and visiting Senseis. He demonstrates his respect and acknowledges their rank by always bowing before and after instructions and prior to leaving or returning to the Dojo.

I hope you all had a great Christmas and safe holidays. Good luck to everyone for 2011.

## Erindale

**Contact** Renshi David Burgemeister  
**Dojo** Erindale Police and Citizens Youth Club  
Wanniassa ACT

**Training** Wednesday Junior 6:00pm-7:00pm  
Senior 7:00pm-8:00pm

Report not submitted



## Branch Reports

ACT

### Evatt

*Sensei Adam Duke, Instructor*

**Contact** Renshi Graham Darby

**Dojo** Evatt Primary School  
Heydon Cr  
Evatt ACT

**Training** Wednesday Junior 7:00pm-8:00pm  
Senior 8:00pm-9:15pm

It's been a year of changes – but they're all welcome.

Happy new year to all in the Academy. We've had a fantastic 2010 that has seen a good establishment of a core group of students that are dedicated and most importantly turn up every week!

This year Evatt has had a number of gradings from students that are progressing nicely through the ranks. We have a number that are blue and soon enough - hard training required - will go to brown this year. We're expecting big things for Adam, Lauren, David, Shayne and Peter and they're progressing well.

Two of our long term students, Andrew and Alycia are currently training for their black belt. They've been training for about six months and from all reports are progressing well. Unfortunately we are losing them from our regular Wednesday night training at the start of the year as their training ramps up with Burgy. The club has come to rely on them as great teachers and they will be missed while they're training, but we'll welcome them with open arms when they conclude training hopefully with their coveted black belt.



Damien Mitchell had the special honour of receiving his purple belt during 2010. He's been an institution at Evatt since coming as a little tacker over 20 years ago. It's recognition for his years of service and we congratulate and thank Damien for all his efforts. Sensei Sarah Luck and the welcome addition of Sensei Sean Noble have also been fantastic this year.

Evatt's cross section of students is most likely a bit different to most clubs, with the vast majority of our students being senior level. It's certainly not by design but as students learn what a great club we have here they tend to bring their friends. This has created a great camaraderie amongst the group, I have heard Renshi Darby remark, it's one of the best groups he's had through the place.

And speaking of Renshi Graham Darby, it's been another landmark year for the man that started this club over 30 years ago. He continues to guide the club and its growing number of teachers with an effortless enthusiasm and dedication. He's got plenty of stories to tell, (I'm sure you know what I'm talking about) but you're always learning.

I did talk about enthusiasm earlier, and Andy Wright brings that in spades. His transformation into the driver of training on most nights comes from his desire to get on the matt, and pass on what he has learnt to our students. He has been a breath of fresh air and has become a formidable teacher. Andy's involvement in being the main organiser for the national seminar has also been great. The Evatt guys and gals really got a lot out of the seminar in 2010 and it was fantastic to have such a variety of activities and catch up with all the other clubs. We're all looking forward to the next one down with the Bateman's Bay crew.

The injection of some BJJ techniques has also been extremely useful. Trainers and students have all been learning some valuable techniques and it adds to the tool kit of every martial artist.

Finally, our goal this year is to grow our club and encourage more junior students. We have some good kids at the moment and we're looking to expand on those numbers. We'll be involved in the local primary school's fete like last year and hopefully will be able to organise some demonstrations throughout the year.

Best of luck for 2011 to the entire group of Academy's clubs.

# Branch Reports

ACT

## Hughes

*Renshi Simon MacNab, Chief Instructor (Seniors)*

*Renshi David Tuckfield, Chief Instructor (Juniors)*

**Contact** Renshi Simon MacNab  
0402 128 284

**Dojo** Hughes Primary School  
Kent Street  
Hughes ACT

**Training** Wednesday Junior 6:30pm-7:30pm  
Senior 7:30pm-9:00pm

2010 holds a number of highlights for Hughes Jujitsu. Kris triumphantly overcame his cruel knee injury and excelled in his Shodan grading, becoming the eighth black belt to come from the Hughes Jujitsu Dojo in our 33 years. Unfortunately we didn't see many of our newest black belts training at Hughes, but they've all made us proud. Damon is CI at Castlecove in Sydney, Dante is CI at Kalgoorlie in WA, and Kris is teaching the next crop of Black Belts with Burgie. Sam stayed on to help us at Hughes, but has also taken on the role as Club Secretary! Tuck resumed training during the year, and was pretty amazed at what he found when he first came back. There were a heap of new kids, along with most of those from last year, and you all put on a fantastic display kids! All focussed, all quiet, all in time, and wow – you guys were impressive! It looks just like... a martial arts class :)

During the year we sent some of the crew off to seminars, we hosted a senior grading, and a few of our seniors successfully graded. James & Pat stood out in their grading, proving they were well worthy of their Green belts. Joining them on Green later in the year were Jack & Evan, who after taking a few years off have stepped competently up to seniors. Nigel & Alex have worked hard all year, and been a fantastic help with the kids. We expect they'll both grade for Brown early in 2011, and then their real preparation will begin. Isaac hasn't been seen a lot this year, but who knows when he'll show up..?

We held a junior grading late in the year, and there were some real stand outs. Natalee, Hannah, Melody, Clelia & Tynan all graded for their Junior Yellow belts. Melody & Hannah were particularly impressive, although they have been training a long time for their belts! Jack, Patrick, Anna, Sam & Leo all successfully graded to their Junior Orange

belts. The key messages for this group were to focus at every lesson, and practice all your techniques – you will all be asked to prove yourselves at your next grading. The Luong boys, Alex & David, graded to their Junior Blue belts, competently doing almost every technique they've ever been taught. The boys now have a long journey ahead of them, and we'll hopefully realise their potential.

The year wound up with Tuck wearing his Purple & Red belt – as K now had his Black. 2011 has already started in the best possible way, with Sam & Kris welcoming Dean Morgan into the world – well done guys! After a good Summer break we're sure everyone will be enthusiastic and full of energy. We'll be ramping things up, with new t-shirts, plans to hold 2 junior gradings in 2011, and hopefully some new mats. You can count on one thing though – we'll be training hard, and endeavouring to reach excellence in the way we do our jujitsu.

## Isabella Plains

*Sensei Danny Ramsden, Chief Instructor*

**Contact** Sensei Danny Ramsden  
**Dojo** Isabella Plains Primary School  
Ellerston Ave  
Isabella Plains ACT

**Training** Tuesday Junior 6:30pm-7:30pm  
Senior 7:30pm-9:30pm

## General News

2010 marked the move of our training night from a Wednesday to Tuesday night with the aim of providing an additional training option for members in the ACT and local surrounds, as many of the local clubs currently train on a Wednesday evening. Members now have the option of training Monday through Thursday if they so desire. The change of day also enables more flexibility for Dan grades to assist in training at other venues and we have been very happy to see a number of the Black Belts from other clubs come along to our training sessions at various times throughout the year.

Pleasingly the change of training day had no effect on the membership base, in fact numbers in both the junior and senior classes continued to grow throughout the year. The beginning of 2010 also marked the welcome addition

# Branch Reports

ACT

of new training mats, enabling a larger training area and some extra cushioning for the concrete floor of the hall.

Saturday fitness training was again very popular over the January – February period with a regular turnout of members keen to keep the Christmas and New Year cheer at bay.

### Grading

A number of students successfully graded throughout the year. Matt and Marc - Brown Belt, Craig and Chris - sparring techniques, Andrew and David - Orange Belt, Tuure and Steven - Green Belt and Marie, Aggie and Gerry - Yellow Belt.

Chris and Craig also commenced their Black Belt training in July and continue to bring a high level of commitment, support and motivation to the branch.

### Seminars

Nine members from the branch attended the Annual National Seminar at Gold Creek Village. Although not coming away with a trophy this year, everyone enjoyed the training, variety of activities and the demonstrations from other martial art styles. The dinner and social aspects of the seminar were also enjoyed by all, a big thank you to Andy and team for organising such an excellent event.

### Awards

The award winners for the Best and Fairest and Most Improved trophies for the junior class where hotly contested this year, with a number of notable efforts and excellent attendance records from members of the class. The 2010 winners are: Best and Fairest - Jakeb Wiseman for the second year running and Most Improved - Jessica Sandberg. Well done to all and keep up the excellent work!



### Kaleen

*Shihan Peter Wilson, Chief Instructor*

**Contact** Shihan Peter Wilson  
**Dojo** St Michaels Primary School  
Tyrrell Cct  
Kaleen ACT

**Training** Thursday Junior 6:30pm-8:00pm  
Senior 8:00pm-9:30pm

### General News

Hi everyone, i hope you all had a great Christmas and New Year. The Kaleen branch has 35 children training and 20 seniors each Thursday evening so as you can imagine it's a very busy time on Thursday nights. Over the past year we have been very honoured to have a couple of past Black Belts come back to help out. Paul Wilson and Glen Campbell or as most people know Glen, Cambo, both attend the juniors class to help out and do their bit, it's great to have them there and their help is greatly appreciated.



Cambo as most would know started off the Kaleen branch with me, so he brings back a lot of memories of those first years at Kaleen. Cambo and myself were in the same trainee Black Belt team, and i used to pick up Cambo and take him to training. I could not get over how he used to drink a long neck and eat a hamburger on the way to training and then exercise for an hour and a half without

# Branch Reports

ACT

being sick. There are quite a few stories i could tell you about this guy but i might get into trouble if i say any more.

Jack got married in the last part of the year in China. Sensei's Owers and Townsend and their partners attended the wedding which was held twice, once for the groom and once for the bride's family. From all accounts of what i have been told it was quite an experience for everyone, mind you with Captain Qantas (Phil Townsend) being there i am sure everyone had a good time, and of course they would have flown 1st class. Anyway Jack well done and we look forward to meeting the misses in February when she arrives, another senior student for our class.

Our training has been going very well with all our seniors keen and willing to try out anything that Captain Qantas throws at them.

There are a few people i would like to thank for their efforts throughout the year, Debbie, who is always there to help out whenever we need it. Julie, who comes and helps as well as running the Charnwood Branch. Andy, who does heaps between the branches as well as teaching at Kaleen and other branches. Sensei Owers, who is my right hand man and the Seniors Chief Instructor, working behind the scene a lot of the time. There are also a lot of Kyu Belts who teach in the Juniors classes and we are most grateful for their input and efforts.

The Kaleen Branch this year is celebrating its 20th year and i think that is quite a mile stone when you think of just how many students have passed through our doors in that period. I think there is a need to maybe have some sort of function to celebrate this milestone, so we will get something organised later in the year.

Two of our seniors are doing the Black Belt course at the moment and will grade at the end of the year. Jeremy , who started with us when he was about 8 years old and Vinnie, who started with us when he was about 38 years old. We wish them well as the hard part is about to start.

### Gradings

All our students did well in their gradings this year.

### Seminars

I must say that the senior seminar was enjoyed by all those who attended. Julie Streeter by the look of the photos, had a great time and Eddy Scharrer certainly danced up a storm. To those of you who organised it well done.

### Other Events/Awards

In December we had a sausage sizzle to finish up the year and it was well attended by both parents and students. A few juniors were presented with awards for their efforts over the year.

- |                         |                   |
|-------------------------|-------------------|
| Best Boy                | Stephen Jeffery   |
| Most Improved Boy       | Daniel Prestipino |
| Most Improved Girl      | Jodie Taylor      |
| Chief Instructors Award | Dean Grainger     |

Cameron Owers was also inducted into the Australian Martial Arts Hall Of Fame this year and i must say it was well deserved. Cameron has been doing our martial art since he was 9 years old. Well done Cameron we are very proud of you.

Well that's about it for now, have a good year and we look forward to seeing you all in 2011.





# Branch Reports

ACT

## St Edmunds

*Shihan Edward Scharrer Hachidan, Chief Instructor*

**Contact** Shihan Eddie Scharrer Hachidan

**Dojo** St Edmund's College  
Canberra Ave  
Griffith ACT

**Training** Wednesday 4:45pm-6:30pm

2010 was a very successful year for the branch, both as a group and individual performances. All of the students are training hard and are achieving really good personal results. While our numbers maybe few, the quality is outstanding and it is a pleasure to teach such a committed group of students.

Going around the mat; Caitlyn as always continues to put in a fierce effort into her training and has advanced to Blue Belt. In her grading at Hughes this year, despite being affected with the onset of the flu, she graded at a very high level and was commended by all the grading instructors as one of the best 2nd Kyu grading they have seen for some time.

Kit and Mark have really accelerated this year, grading to Orange just after the Seminar and then to Green Belt in December. Despite missing sessions due to shift work commitments they continue to throw themselves (quite literally) in the deep end and revel in all challenges I can throw at them.

Desley and Thamba continue to progress well and have also graded to Orange Belt this year.

There were a number of highlights this year for St Edmunds that were also attended by the students:

We played host to a couple of mini-seminars to assist in the fundraising for the National Seminar; The first was the advanced nerve course which was attended by about 2 dozen members of all ranks. Much fun was had by all who inflicted pain on their partners until it was time to reverse roles. Then there was much grimacing and gnashing of teeth with howls of "Ouch!" After 3 hours of training everybody was sore and bruised but still grinning from ear to ear. Much thanks to Andy Wright for being my 'willing' partner for my demonstrations.

The second mini-seminar was conducted by Renshi Dave Burgemeister and Sensei Kris Arnold on Judo and grappling techniques. Again about a dozen club members enjoyed learning and refining their technique. Many thanks to all who participated and assisted with organising these events.

Kit and Mark attended the national seminar and our little branch faired very well in the competitions. Kit won the two man attack competition even despite blocking one round punch with his head. The Kata competition was also tightly contested and several people commented to me that the St Edmunds Kata display was their winning choice despite the announced result. I can only say this; I was very happy to receive the Two Man Attack Trophy only because St Edmunds has won the Kata competition twice before! ;-)

The national seminar saw Steve Hill demonstrate the finer points of Osoto Gari. The highlighting of the subtle hip thrust just before the sweep is a very important point to include in any instruction of this technique. Something that more advanced players do without really knowing they do it, but to the novice has resulted in countless failed technique without it.

As Desley and Thamba approached Kidney Karate again in their Orange syllabus I also highlighted this subtle aspect to them with dramatic effect. I was training with Desley and after 2 or 3 feelers of this move she threw me in a perfect Osoto Gari. While she was looking at me on the ground with a shocked look of realisation, she asked, "what just happened then?", I said, "You threw me every bit as good as Shihan Rowley throws me!!" Shock was quickly replaced with immense self satisfaction and pride with the thought of, "I can throw like Shihan Rowley!"

That is indeed an addition to my list of priceless moments in the transmission of this martial art! Well done Desley!

Finally I'd like to thank Renshi Col Essery for his assistance over the year and for showing us many of his brawling techniques. We are losing him again to Washington DC as Liz takes up another post over there. Good luck and we'll see you in a few years time.

# Branch Reports

# NSW

## Batemans Bay

**Contact** Sensei Amanda Noble

**Dojo** Batemans Bay Primary School  
Mundarra Way  
Surfside NSW

**Training** Tuesday Junior 5:45pm-7:00pm  
Senior 7:00pm-8:30pm

Report not submitted

## Castlecove

*Sensei Damon Taylor, Chief Instructor*

**Contact** Sensei Damon Taylor

**Dojo** Kicktactics Lane Cove  
Suite 102, 79-83 Longueville Rd  
Lane Cove NSW

**Training** Thursday Senior 7:00pm-8:30pm

## General News

Castlecove experienced another year full of 'comings' and 'goings' in 2010.

On the list of new additions has been Riemelia Oram who joined her husband Sam in training after much encouragement (or was that cajoling?). Both Sam and Riemelia have been missing in action for the past few months due to Sam's gammy back but both are keen to get back into it in the new year.

Sensei Tim Michalas also joined Castlecove's ranks in 2010. Tim has been a welcome and enthusiastic addition to the branch, not to mention Jen and myself.

Unfortunately, Castlecove's one loss was that of Caitlyn Ellwood, though we hope only temporarily! Caitlyn left for New Zealand to pursue an internship with Random House but seriously, how long could New Zealand keep her!? We know she'll be back!



## Gradings

2010 was a solid year in terms of gradings with Sam progressing to blue belt, and Caitlyn and Mark attaining their green belts.

## Seminars/Awards

Trooping down to the 2010 seminar in Canberra was perhaps an unlikely Castlecove contingent. Lead by Jen, Tim and Damo was a team of just two former students. But though our compliment may have seemed on both the small and rusty side, we defied the odds and brought home the basic steps trophy. That makes it 3 trophies from 3 seminars for the Cove!

## Durras

**Contact** Renshi Ben Innes

**Dojo** Durras Hall  
South Durras NSW

**Training** Friday Junior/Senior 5:30pm-7:00pm

Report not submitted

## Queanbeyan

**Contact** Renshi Scott Teys

**Dojo** YMCA Centre  
Karabar NSW

**Training** Monday Junior 6:15pm-7:15pm  
Senior 7:30pm-9:00pm

Report not submitted

## Radcliffe

**Contact** Shihan David Rowley

**Dojo** Stoney Creek Hall  
16 Gathering Place  
Radcliffe Estate NSW

**Training** Wednesday Junior 6:30pm-7:30pm  
Senior 7:30pm-9:30pm

Report not submitted

# Branch Reports

QLD

## Sunshine Coast

*Shihan Mark Tomasich, Chief Instructor*

**Contact** Shihan Mark Tomasich  
**Dojo** Sunshine Coast PCYC  
Youth Avenue  
Nambour QLD

**Training** Tues & Thurs      Junior 6:00pm-7:30pm  
Senior 6:00pm-8:00pm

Currently, Queenslanders are going through some rough times with the impact of the floods and the loss of life and severe damage to property. The Sunshine Coast was very lucky throughout this disaster with minimal damage and no loss of life. But I can say that Brisbane, Toowoomba, Ipswich, and Bundaberg have been devastated and the suffering these communities are experiencing is heartbreaking. The efforts from volunteers in the clean-up has been anything but extraordinary. I can only hope they can get their lives back to some normality soon.

I would like to welcome our newest black belt Sensei Linda Rossiter to the Peter Morton Academy. Linda has been actively with the Academy for the last 8 years and has put her heart and soul into her training. Sensei Justine Tomasich, Crispian Pascoe and Matt Farrell should be congratulated on their dedication and efforts into training Linda. We will be celebrating Linda's 50th birthday in February and there is a rumour going through the club that Linda and Justine's next adventure is trekking through the Kokoda trail.

Last year we held the first local seminar with some of our local martial arts schools. Instructors and students from the Caloundra Judo Club and Infinity Martial Arts (BJJ) were invited to our Dojo for a 3 hour training session in which we exchanged ideas and training techniques. We had a number of excellent instructors- Grandmaster John Whip, Sensei Phil Brain, Sensei Neil Owens and Sensei John Bennett all providing instruction throughout the day. We have had a number of other Martial Arts schools express interest in attending this year's seminar organised for April. It is in our hope that it will grow into an annual event.

Last year also saw our junior and senior of the year to be a father and son team. Congratulations to Brett and Tom Gowen, who's dedication to the sport was like no other. Brett currently holds a blue belt and has been training with the club for around 4 years. It is very rare that he misses a training session and always trains at 100%. Brett is very eager to help other students within the club and is always there to lend a hand when help is needed at the club. Tom is 10 years old and is an orange belt. He tries



extremely hard at his school work and this dedication is reflected and carried through in his training. He is always very well behaved and is extremely helpful in class with other students. Both are a pleasure to teach and have at training with us. Well done Brett and Tom.

At present, we have 2 very dedicated junior brown belt students, Jessie Gilby and Julian Pascoe, who will soon begin training for their sho-dan's. These two students have progressed from the junior classes into the senior classes with ease. I am sure it won't be long before we see another 2 Dan grades in the Sunshine Coast Dojo.

Last year, I was inducted into the Martial Arts Hall of Fame. It was quite an honour for me to rub shoulders with some of the most influential Martial Artists in Australia. I met

## Branch Reports

QLD

some wonderful people like Sensei George Adams from the Budoshinkai Karate in Sydney and Instructor Darrell Dodds from the Krav Maga School in Melbourne; both are police officers and inductees the previous year. I would like to thank members from the academy for the nomination but especially Shihan Craig Swingler for all support during and on the night.

Also, towards the end of last year I was privileged to train with Shihan Craig and Sensei James Melhuish at the South Australian club, something I considered an honour. I had a wonderful time exchanging ideas and training with the South Australian students. I would like to congratulate Ben Jefferies and Steven Neuman on their Shodan gradings. Both will be a great asset to the academy.

Lastly, would like to thank the committee for my life membership into the Peter Morton Academy. It is hard to believe it has been 30 years since I first commenced training with Shihan Barry Wilford at the Maroochydore RSL club all those years ago. Something that I do remember quite well was that it was Frog's first visit to Maroochydore, the most influential factor which confirmed that this was definitely the club I would like to remain a part of. Thank you for the membership.

I would like to thank all the instructors and students for their efforts through out the year, they are the club and it is a wonderful club to be a part of.



# Branch Reports

SA

## Walkerville

*Sensei David Clayton, Chief Instructor*

**Contact** Sensei David Clayton  
**Dojo** Walkerville YMCA  
39 Smith Street  
Walkerville SA

**Training** Saturday Junior/Senior 9:00am-11:00am

The year Twenty Ten has seemingly flown by. It has concluded with the successful grading of Ben Jeffries and Stephen Newman to Shodan. They have shown dedication in their training and have grown a lot since they began the journey nearly 2 years ago. We have shared the responsibility of training around, however, I must thank in particular James Melhuish who has given his time generously to assist them in their training.

The dysfunctional family of Walkerville have been a pleasure to teach this year. We have shared much and learned considerably from each other. Thirteen students made the journey from SA to Canberra for the Annual National Seminar most of whom are eager to attend again next year in New South Wales. The competitiveness came out – we nearly lost Craig in Emma's fitness challenge. And James and Courtney took line honours as 'fittest' in the academy. Crossfit has made an appearance in our class thanks to Emma to the delight of some and disdain of others.

As a style we have earned a good deal of respect – not just as an art, but also in personal development. Members of our club this year have been pleased to provide fitness training and self-development support to the North

Adelaide Rockets and Adelaide West Bears basketball clubs. Their coaches have invited us back again to train their players and have respect for our approach and attitudes to personal development.

At the end of the year, we said farewell and safe travels to Graham, Rita, Marc and Damon Doody. Graham and the boys have trained with us for two and a half years now. They moved to England, the town of Lincoln for 12 months on professional exchange. A recent e-mail indicates that skills learned in class, namely the humble break fall, has proven useful when encountering ice. We wish the Doody's well and look forward to their return to us in 2012.

Congratulations to all students who have graded this year. You have all put in a good honest work to get to where you are today. Thank you to Sensei James for your support this year, and also to Stephen and Ben for your coaching support.

Congratulations to Renshi Craig Swingler who has been awarded life membership to the Academy in recognition of 30 years of continued service. He was presented with his certificate and badge by long-time friend and original SA Chief Instructor, Paul Jurkowski, at a surprise training session.

And in closing, I wish to reflect on the far reaching influence of our Founder. At this years seminar we all received key rings with a picture of Frog. Some

weeks following the seminar I heard one of our members comment, "I keep it on my key ring and if anyone asks who it is, I'll tell them that he is my friend and mentor."

In Budo



## Branch Reports

### Kinloss, Scotland

*Renshi Jamie Sumsion, Chief Instructor*

**Contact** Renshi Jamie Sumsion  
**Dojo** RAF Base  
Kinloss  
Scotland

#### General News

The Kinloss branch has been running in the UK for a number of years, and has always been a small branch. We are located at RAF Kinloss, 45 min drive to the east of Inverness in the North East of Scotland.



Over time we have seen a number of students come and go- the normal pattern of people attending and dropping out in a regular branch is exacerbated by the fact that the majority of our members are normally service personnel, and training has to compete with deployments overseas, shift-work and postings.

This year we were sad to see the departure of Mike Skelton when he was posted to RAF Marham in England. Mike has been a stalwart of the branch for many years and successfully graded for his Brown belt at the very end of 2009. He had been the senior student at the branch since the departure of our other Brown belt, Dave Ferris a couple of years ago. It is very disappointing to get two extremely dedicated and talented guys up to Brown belt and then have them move on, especially when you know that both would have gone on to pass a Black belt grading and made fine instructors.

## INTERNATIONAL

Our current numbers are low again and are unlikely to climb much higher- Thanks UK Government! RAF Kinloss received bad news late last year, when the UK Ministry of Defence axed our new Maritime Patrol aircraft (Nimrod MRA4) and announced the impending closure of RAF Kinloss. This means that the branch will close some time later this year/early next year and I will be leaving the service to start a civilian career after 23 years in the military.

I hope that in the future, when I relocate to England I will be able to start a new branch, and that it will be more stable and successful with regular civilian members.

In the mean time I will keep going with the remaining students and try to make the best of the time I have left here at Kinloss.

#### Gradings

Ben Young awarded his Yellow belt and Mike Skelton awarded his Brown belt.

I would also like to wish everyone a happy and prosperous 2011.

Regards from the UK

